Principal's Report

Dear Parents & Carers,

One of our most important social events for the year will be held tomorrow (Friday). It’s our Fathers Matter Breakfast and you’re invited. We want to celebrate the importance of Dads, Grandads, Uncles and all good men in the lives of our children and families. We do hope that you can vary your normal arrangements to spend some time joining in this activity with your children. The breakfast will begin at 7:30am and there will be a variety of activities set up throughout the hall, playground and in the library for everyone to enjoy. Some activities include ball games; table tennis; chess; computer games; card making; playground equipment and many more. The school band will also be performing.

The P&C will be working with the school staff to arrange and conduct the breakfast and they will be running some small fundraising competitions during the morning as part of the fun. Breakfast will be available through the purchase of vouchers at $5 per person to a maximum of $20 for an immediate family group.

We’re looking forward to making the Fathers Matter Breakfast as successful and enjoyable as last year as we promote the goals of inclusive community participation, respect and respectful relationships as part of the school Kidsmatter and White Ribbon initiatives.

Everyone can come in mufti and are asking everyone to wear something White to show support for the White Ribbon Day message of ‘not violent, not silent’ and to highlight the need for and the use of respect and respectful relationships. We will be conducting a special activity during our Fathers Matter Breakfast to raise awareness of the White Ribbon Message. With your child you will be able to buy ($2) and plant a white flower in our new garden areas near the hall.

2014 Kindergarten Enrolment & Orientation

This week I have sent invitations and information about our Kindergarten Orientation Program to those families who have enrolled their children to start school in 2014. I expect that we will again have around 120 children in our Kinder classes, however only around 90 families have completed the enrolment process. If you have friends or neighbours who you know will have school age children next year, please encourage them to come to the school to complete the process or call the office on 95873717 so we can send them an enrolment package. Any child who turns five years of age before 31 July 2014 is eligible to start school. Participation in the Orientation Program is the best way to assist them with the start to school.
Important Reminders

- The **Year 2-6 School Swimming Scheme** will be held in Term 4, Week 1 from Tuesday 8 Oct to Friday 18 Oct. The lessons are targeted at Y2-6 children who have *not reached a satisfactory standard of water safety and are unable to swim 25m confidently in deep water*. We only have limited spots available so now is the time to guarantee a spot by returning the permission slips.

- It's almost **camp time for Stages 2 and 3**. All payments and medical forms need to be finalised now.

- What do you feel and how do you react when you hear the term **bullying**? It means many different things to different people and can affect our lives in many ways if it is not understood and managed carefully. The school and the P&C are working together to present a parent seminar called **How to Bully-Proof Your Child**. The details are provided in this newsletter but also on a separate invitation as well. I'm sure all parents will find this an interesting, informative and useful session to attend. I'm certain there will be good practical advice to make daily life easier for you and your children. I do hope you can attend **on Tuesday, 3 September at 9.15am**.

Congratulations:

- To Isabel N 6KM who came 1st in NSW Brazilian Jiu-Jitsu Federation
- To our Tournament of the Minds Team who completed all challenges successfully as part of last Sunday's final day of activities
- The Senior A Netball Team and the Senior Rugby League Team who were PSSA champions in their respective competitions completed last week. See the report below.
- Kevin Y 2K who achieved the top score in Year 2 for NSW and ACT in the International Competitions and Assessments for Schools (ICAS) English test.

Regards,
Steve Cooper
Principal

P&C News

Our next P&C meeting will be held on Tuesday, 10th September at 7.30pm. Please mark the date in your diary!

*Fathers Matter Breakfast*

Thank you to all the staff and parents who have volunteered to make the Fathers Matter breakfast such a success. Without support to actually order, prepare and serve the food and organise activities, events such as these would not be held.

Don't forget you can send us an email at carltonpandc@gmail.com with your feedback about the breakfast.

*Parenting Seminar* - "How to Bully-Proof Your Child"

A seminar that will give parents and care-givers practical strategies for dealing with bullying will be held this coming **Tuesday, 3rd September at 9.15am**. Morning tea will be provided and there will be a small charge of $5 that will contribute towards the cost of the presenter and a manual for each participant. This seminar will be subsidised by the P&C. If you don't want to miss out on a place fill in the note at the end of this newsletter.
Date for the Diary - Family Portraits

By request we organised this popular event during the warmer part of the year. Family portrait day will be **Sunday, 20th October**. Tell your friends and family about it. The flyers have arrived and will be sent out shortly.

School Banking

Classroom Achievement Award - triple winners

Congratulations to 2J, 2/3M and 4/5SP who are the joint winners of the classroom achievement award for this week.

Gold Awards

Parents are most welcome to attend the assembly to see their child receive this very special award. Gold awards are presented to children when they have received 10 Bronze Awards = 100 tokens. A fantastic effort! The assembly will take place Friday 13 September at 11:30am.

| Maria L (6H) |

Silver Awards

Parents are most welcome to attend the assembly to see their child receive this very special award. Silver awards are presented to children when they have received 5 Bronze Awards = 50 tokens. A fantastic effort!

K-2

Congratulations to the following students who will receive their silver awards at the K-2 assembly on Monday, 9 September, 2013 at 2.00pm.

| Greta Y (KS) | Tanweer D (KS) | Maxim H (KS) | Sally H (KIB) |
| Howie L (KIB) | Amir H (KIB) | Mahdi J (KIB) | Joshua H (KIB) |
| Grace T (2A) | Akshara Y (2A) | Stefan J (2D) | Jason T (2D) |
| Ryan Z (2D) | Matthew L (2J) | Kyna L (2J) | Oliver M (2J) |
| Rianna S (2J) | Angus T (2J) | Kristina V (2J) | You You W (2K) |
| Alexandra M (2K) | John L (2K) | Eric Y (2K) | Te Koha W (2K) |
| Yuri D (2K) | Aydin S (2K) | Bindiya C (2K) | Jesscia I (2K) |
| Dion B (2P) | Ali H (2P) | |

Y3-6

Congratulations to the following students who will receive their silver awards at the Y3-6 assembly on Friday, 13 September, 2013 at 11.30am.

| Max L (2/3M) | Jason G (2/3M) | Amy R (3AK) | Dean G (3AK) |
| Michael K (3AK) | Parneet G (3AK) | Noah Y (3T) | Jennifer Z (3T) |
| Patrick S (4A) | Isaac V (5NH) | Marium E (5NH) | Ayisna T (5NH) |
| Mahdi H (5NH) | Fatima T (5T) | Iris X (5T) | Aaron H (6H) |
| Emily M (6H) | Samuel S (6H) | Marcus G (6KM) | Zahra Z (6S) |
Congratulations to the class assembly award recipients:

- KM: Monty F; Gracie S
- KJ: Samantha S; William S
- KF: Brooklyn B; Gabriel N
- KH: Dean P; Sam G
- KS: Martina G; Adrian G
- KIB: George Y; Jerry Y
- 4/5SP: Madeline R
- 5C: Joshua L; Olivia M
- 5N: Amanda W; Mare P
- 5T: Alicia B; Iris X
- 5/6F: Owen T; Caitlin L
- 5/6H: Adam H; Emily M
- 6S: Chris R; Irene L
- 6KM: Leila T; Sabba A
- 6S: Chris R; Irene L

Winter PSSA Champions

Congratulations to all the students and teachers who participated in Winter PSSA this year. Our Senior A netball team made it to the grand finals but lost 8-9 to Hurstville. The Senior Soccer girls also made it to the grand final and also lost but our Senior Rugby League team won their grand final 44-12 over Carlton South. This is the first time that a PSSA team has won the same competition two years in a row for Carlton, well done. Thank you to all the teachers for coaching this winter and to the students who participated. All uniforms need to be returned to the coaches as soon as possible. Summer PSSA starts on Friday 6 September (week 8). Carlton will not be involved in Summer PSSA on 20 September (week 10) as many students will be away on camp. Mr Clark

Festival of Instrumental Music

On Wednesday, 28th August, the recorder group went to the Opera House to perform in the third of four musical concerts, the Jacaranda Concert. When we arrived at Martin Place, we walked all the way to Botanic Gardens to enjoy our delicious recess and lunch. By the time we finished our lunch, it was already 12:00pm, time for us to enter the Opera House ready for our rehearsal with our fantastic conductor Fiona Lucas. Time passed like a click and it was time to have dinner with our parents.

During the night, the first song we played was 'Galliard Irregulier'. It was an excellent opening to the performance. The first session passed more quickly than expected. It was time for the interval. We all had a short break and went back to our seats ready for the second session. Then, our second song, 'Mango Walk', was played in a spectacular opening of the second session. There were several more interesting acts before we had to perform the next song, 'Rocky Hammond'. As our conductor bowed to the audience, we were ready for the encore. It made the audience gasp in surprise as they thought it was the end. It was a tiring and incredible performance and we felt proud as we headed home.

By Veronica and Susan 5/6F
What an exciting term for Indonesian! In weeks 3 and 4, Carlton Public School welcomed five visitors from Harapan Bunda School in Jimbaran, Bali - Pak Cok Anre, Pak Valentino, Pak Yusuf, Bu Jeanny and 9-year-old Devi. Their visit marked the start of our Sister School Partnership with Harapan Bunda School, providing students with cross-cultural learning opportunities and language exchange.

During Education Week, thirteen Indonesian students from Year 4 (Samma A, Sarutta B, Ronja C, Mia DC, Lainey G, Aneeta N, Tazmin S, Perry C, Salvatore D, Goddy D, Nathan S, Ben W and Luke W) performed a dance at school and at Rockdale Plaza. Our sister school taught us this Balinese Dance, Tari Janger, through video! They also brought the beautiful costumes from Indonesia.

In Week 4, the Musica Viva group Makukuhan also came to our school to perform with Indonesian musical instruments called Gamelan. The music was fantastic and thoroughly enjoyed by all the students and teachers who attended.

We look forward to what Term 4 has in store!

Bu Carnell & Pak Wrathall
## Term 3 Calendar

<table>
<thead>
<tr>
<th>Week 7</th>
<th>26 August - 30 August</th>
<th>Week 8</th>
<th>2 September - 6 September</th>
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<tr>
<td><strong>Mon</strong></td>
<td><strong>26</strong></td>
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<td><strong>2</strong></td>
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<tr>
<td><strong>26</strong></td>
<td>Dance to be fit Early Stage 1 K-2 Assembly 2pm</td>
<td><strong>2</strong></td>
<td>Dance to be fit Early Stage 1</td>
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<tr>
<td><strong>27</strong></td>
<td>Dance to be fit Stage 3 School Banking 9:00am</td>
<td><strong>3</strong></td>
<td>Dance to Be fit Stage 3 Early Stage 1 Excursion Night of the Stars in school hall School Banking 9:00am 'How to Bully-Proof Children' Parent seminar 9:15am</td>
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<td><strong>Wed</strong></td>
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<td><strong>Wed</strong></td>
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<tr>
<td><strong>28</strong></td>
<td>Recorder rehearsal &amp; Night Performance</td>
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<td><strong>30</strong></td>
<td>Fathers Matter Breakfast 7:30am 3-6 Assembly 11:30am</td>
<td><strong>6</strong></td>
<td>Stage 3 Assembly 11:30am</td>
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<tr>
<th>Week 9</th>
<th>9 September - 13 September</th>
<th>Week 10</th>
<th>16 September - 20 September</th>
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<td><strong>Mon</strong></td>
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<td><strong>16</strong></td>
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<tr>
<td><strong>9</strong></td>
<td>Dance to be fit Early Stage 1 K-2 Assembly 2pm Year 1 Excursion</td>
<td><strong>16</strong></td>
<td>Dance to be fit Early Stage 1</td>
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<td><strong>Tues</strong></td>
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<td><strong>10</strong></td>
<td>Dance to be fit Stage 3 School banking 9:00am Year 2 Excursion</td>
<td><strong>17</strong></td>
<td>Dance to be fit Stage 3 School Banking 9:00am</td>
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<td><strong>Wed</strong></td>
<td><strong>11</strong></td>
<td><strong>Wed</strong></td>
<td><strong>18</strong></td>
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<tr>
<td><strong>11</strong></td>
<td>Maths Olympiad 5</td>
<td><strong>18</strong></td>
<td>Stages 2 &amp; 3 Camp students leave Stage 2 Non Camp students excursion</td>
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<td><strong>Thurs</strong></td>
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<tr>
<td><strong>13</strong></td>
<td>3-6 Assembly 11:30am</td>
<td><strong>20</strong></td>
<td>Stages 2 &amp; 3 Camp students return LAST DAY FOR TERM 3</td>
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**Invitation**

**To Year 5 & 6 students and families**

You are cordially invited to our Sydney Girls High School Open Evening

When: Wednesday 4th September 2013 3.30pm - 7.30pm

Where: Anzac Parade & Cleveland Street, Sunny Hills

Come & visit the first established school for gifted girls in NSW a quality public school educating young women leaders since 1883

Website: sygs.nsw.edu.au/contact 9335 2330

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**Page 6**
Father time is valuable time

On Father’s Day it’s worth reflecting on how good fathering matters. It matters to mothers. It matters to men. And importantly it matters to children.

Building up frequent father points

Prince William is typical of many modern dads. Gone are the days when the only relationship many men had with their children was through their wives. Men, increasingly, recognise that their effectiveness is dependent on first-hand interactions with their kids. That means their presence is needed far more than any presents they may provide for their kids.

For some dads first-hand interactions with children are easier said than done. Family separation, work circumstances and busy lifestyles are all factors affecting their capacity to become involved in their children’s lives.

In these circumstances it’s important that men maintain an emotional attachment to their kids; do their best to know what’s going on in their children’s lives; and respond appropriately to the developmental imperatives of their children.

The impact of fathering on children

Good fathering matters.

It matters to mothers as a supportive father makes a mother’s life easier.

It matters to girls. Good fathering has been linked to higher confidence levels in girls, particularly during the tricky adolescent years. The notion of a father who is present, available and attentive affords a sense of security to a girl, which is necessary for healthy development.

Dads are also the first introduction to the world of men for girls so it’s important that fathers treat their daughters with gentleness and respect, but also encourage them to be assertive. In a sense, fathers teach their daughters how
they should expect to be treated by males as they get older.

Good fathering matters to boys. They learn their first lessons of manhood from their dads. Early primary-aged boys usually want to spend a great deal of time with their dads. Steve Biddulph, author of Raising Boys, describes this phenomenon as ‘father-hunger’ and suggests that dads need to be around their sons in the primary school years so they can ‘download the software’ of how to be male.

The father-son relationship during adolescence can be problematic. While teen boys seem to be hard-wired to challenge their fathers, most desperately want their dads to be proud of them. Teen boys need a dad who can be firm when needed as they don’t always make great decisions. They need a dad who remembers the awkwardness and insecurity of being a teenage boy themselves. And they relate best to dads who don’t take themselves too seriously. The judicious use of humour, particularly with boys, is a great fathering strategy.

Fathering matters to men

And, of course, involved fathering matters to men. Most health scales state a healthy relationship with their children is a predictor of good health and longevity for men, as well as of life satisfaction levels. I suspect there is something relaxing and de-stressing for a man to get into a child’s space and time. There is a big kid in most men just busting to get out.

Parental well-being would be the last thing on Prince William’s mind as he attends to his young son’s needs. It is through these early forays into parenting that Prince William, like countless other men, will find his feet as a dad, and also discover his place in the life of his son.

Five fathering tips (whether you live with the children’s mother or not):

1. Go on dates with your daughters.
2. Have adventures with your sons.
4. Change as your child changes.
5. Discipline with firmness and compassion.