Dear Parents and Carers,

Thank you to the many families and teachers who have organised parent/teacher interviews during the last weeks of this term. The feedback from parents and teachers from the interviews already conducted suggests that both parties have appreciated the chance to review Term 1 and set some goals and support structures for the time before the Term 2 Report and interviews.

I have repeated the information about setting up an interview below for those parents who may still want to set up an interview for next week

**Term 1 Parent Teacher Interviews - Optional (Repeat)**

Parent/Teacher interviews at the end of Term One will be optional, where the interviews can be either teacher or parent initiated. The standard Parent/Teacher interviews will remain for all students at the end of Term 2. Now is the time to indicate to your child's class teacher if you require an interview before the end of this term. Similarly, you may be contacted by your child’s class teacher to attend an interview to discuss your child's progress.

From now until the end of the term please make phone, personal or written contact with your child’s teacher to arrange an interview time convenient to both parties. Do this by:

1. Calling the office on 9587 3717 and giving your details. The office staff will give your information to the teacher who will reply to you with possible times.

2. Write a note and give it to the teacher or put it in the office collection box. The teacher will reply to you with possible times. Make sure you include your name, your child's name and class in the request.

3. Make written contact with the teacher by sending an email requesting an interview by putting **Parent/Teacher Interview Request & Teachers Name** in the subject line. Make sure you include your name, your child's name and class in the request. Send emails to carlton-p.school@det.nsw.edu.au

4. Make personal contact with the teacher before or after school.

If your child's teacher sends you a request for interview he/she will indicate available times. Please respond quickly to make a time convenient to both of you. I'm sure families and teachers will benefit from sharing information at this time of year.

I also advise you that prior to the Term 2 interview process a new online booking process will be introduced.

The **Carlton Public School Pedlar’s Parade** has a very long tradition. It is a fun, social event focusing on our younger students in K - 2. Parents are asked to decorate a small tray and fill it with cakes, toys, and toffees etc which are sold after the children parade in a circle showing off their colourful trays. This is a day for parents and friends to come along and join in the fun. All children K - 6 will have an opportunity to purchase lots of items and treasures from the Pedlars Parade trays, on **Thursday 10 April**, after the parade. The parade will start at 11.45am. The P&C Easter Raffle prizes will be drawn as part of the parade as well.
When family and community events such as the Pedlars Parade are held at school, some parents request to take their children home earlier than the final bell at 3.00pm. To assist our office staff and you Early Leavers Cards, the following process will be in place on Thursday:

- A table will be set up near the main entry under the overhead walkway. Any parent wishing to take their child/children home early will need to collect and complete a red Early Leavers Card at the time they are ready to leave and then take it to your child’s teacher/s. No cards will be issued before 12.40pm.
- You cannot take responsibility for any other children unless you have written permission from that family, that is viewed by the teacher and an Early Leaver Card is collected by that child’s teacher.
- This is not a practice I’m encouraging and normal pick up arrangements will apply to the vast majority of children.
- Your cooperation with these arrangements will ensure that we conduct this special event in an enjoyable, orderly and safe manner.

ANZAC Day Service & K-6 Assembly

ANZAC Day falls in the school vacation period this year. The school will conduct its annual service on Friday 11 April as part of the end of term, K-6 Assembly starting at 11.30am on that day. Parents and other family members are invited to join us for this special event.

End of Term Arrangements

The last school day for Term 1 is Friday 11 April. The staff will return to school for Term 2 on Monday 28 April. This day is designated as a School Development Day to be used for staff training as part of the introduction of the new NSW Mathematics Syllabus for the Australian Curriculum.

The first day of Term 2 for all students will be Tuesday 29 April.

Term 1 Resource Payments

Early in Term 1 all families were given information by class teachers about the payments required for the various consumable resources to be used by each child during the year. This list was also discussed during the Parent Teacher Information Sessions held in Week 4. While many families have paid this amount some have not and as we approach the end of Term 1, the school has to meet its payments to suppliers for these resources. A reminder invoice will be sent to those families who have not paid (as shown on our records). Please assist us to meet our obligations by making the payment before the end of this term.

The same situation applies to some outstanding Excursion and Sport payments that also need to be made before the end of the term.

Congratulations

- Dejan B 6S for selection in Sydney East Soccer Team
- To all children selected in the Winter PSSA Teams who will commence the new season tomorrow.
And a big thanks to all families who contributed to the clothing collection for Stewart House!

**Important Reminders**

- Make an interview time with your child’s teacher.
- The annual Pedlars Parade will be held next Thursday 10 April.
- Our ANZAC Day Service will be held at 11.30am on Friday 11 April in the A Block courtyard.
- Outstanding Term 1 Resources, Excursion and Sport Payment need to be made before the end of the term.
- **After School supervision** - If your child walks home please instruct them to travel directly home after the bell at 3pm and not stay around to play in the playground or adjacent park. A number of incidents have occurred after school and between home and school. Please note teachers are not required to supervise students outside of the school hours or grounds.
- **Road safety** - It’s important to remind children, especially younger ones, of the need to be vigilant when out and about. Talk to your child about road safety and model good behaviour yourself. For lots of good safety reminders, Kidsafe NSW has an informative website with a number of free brochures and fact sheets on maintaining a safe environment for your child and teaching them about staying safe. They are also available in several community languages. [www.kidsafensw.org](http://www.kidsafensw.org).

 Regards,

Steve Cooper
Principal

**P&C News**

**P&C General Meeting**

Please note the next P&C meeting will be held next Tuesday, 8 April at 7.30pm. Please mark the date in your diary.

You can email the P&C at carltonpandc@gmail.com with agenda items up until 3pm on the day before the meeting (Monday, 7 April).

**Easter Bun Drive - collection information**

Easter buns will be available for collection from Demountable 5 (near the grass area) from 8.30am until 9am this Friday, 4 April. If Easter Bun orders are not collected in person they will be given out to the oldest child attending Carlton PS as listed on the order form. Thank you for support for this fundraising event.

**Easter Guessing Competition**

The major prizes in the guessing competition will be drawn at the Pedlars Parade at school next Thursday, 10 April. Thank you to everyone who has sold tickets in our monster Easter Guessing Competition. To date we have raised over $2000. The last day to put tickets into the office collection box is this Friday, 4 April.

**Mothers Matter breakfast**

In Term 2 we will be holding a Mothers Matter breakfast to celebrate Mothers Day. We are seeking local businesses to support our fundraising efforts at this event. Already we have donations of a hamper from Ballyhoo Hair in Jubilee Ave, a mini Kindle donation from Advance Life Photography and a donation from Bloom’s ‘n’ More Florist in Kogarah.
If you have your own business you may be willing to donate a prize to be used on the day or perhaps you are a regular customer at a business or know someone in business in the St George area eg. a restaurant, café, gift store, gym etc. and you could ask if they would be willing to donate a prize. This is an ideal way to support our event especially if you are unable to support in other ways due to work or family commitments. Of course businesses who donate prizes would receive acknowledgement in the newsletter and advertising on the day. Please email the P&C at carltonpandc@gmail.com.au with suggestions or offers.

**Book orders from Workshop for Parents - Helping Children Manage their Emotions**

Many parents ordered books from the facilitator of last week’s workshop, Melissa Honor. Payment is required by Monday, 7 April so books can be ordered before the school holidays. No orders will be made if payment is not received. Thank you to those parents who have already paid for their orders. Payment should be sent in an envelope labelled with your name/contact number and your child’s name/class and the number of books ordered. Please place this in the collection box at the office.

**School Banking**

**Rewards**

It seems that some children did not claim rewards when they were eligible to receive one last year. Consequently we are getting many claims from students who are no longer eligible for a reward as those tokens are no longer valid. The Commonwealth Bank calculates the number of tokens children have based on the number of deposits the child has made since they started school banking.

If your child receives a slip of paper that says they are eligible to redeem a reward they will need to fill in part of the redemption card showing their reward request and put it in their yellow wallet the following week. **Only Term 1 rewards can be claimed in this term.** Please send in the tokens they have at home even if it is not the correct number (up to 10). If they have less than ten tokens it may be because some are lost or they inadvertently missed out on being given a token. However, the slip will confirm it is OK to claim. Once a claim is received the reward will usually be distributed within a fortnight.

**March Random Draw**

The March random draw was drawn last week. The lucky winner was Amir H from 1C. Amir will receive a reward before the school holidays.

**Classroom Achievement awards - 2/3M wins for the seventh time!**

Congratulations to 2/3M for winning the award for the seventh time this term. 2/3M seem to be unbeatable but there is one class who were just one banker short of winning the top savers for the week. Maybe they will win next week!

**Class Awards**

KM- Zacharia A; Siwen L  
KF- Reuben S; Musab U  
KS- Arpti S; Aya M  
KCN- Zainedeen O; Aleksa D  
1K- Gracie S; Samuel D  
1C- Mahdi J; Aracely A  
1/2J- Stephanie R; Krishna S  
2K- Georgie R; Soumaya K  
KJ- Edbert L; Charlotte S  
KH- Sophie C; Abel N  
KIB- Ayana K; Isabella H  
1T- Jason C; Tiarna-Rae A  
1D- Bianka S; Lawrence L  
1S- Leanne W; William S  
2G- Ayah J; Eugene S  
2D- Alison J; Carlise H
2A- Jordan M; Lily N
2/3M- Medwin Z; Grace T
3T- Stefan J; Tane W
3/4S- Harrison G; Junya W
4C- Rayan D; Samuel Y
4H- Rosewyn S; Ali E
5E- Goddy D; Deena L
5B- Anastasia V; John P
6C- Jasmine G; Hamzah D
6S- Elita S; Mahdi T

Pedlars’ Parade

Next Thursday all students in Kindergarten, Year 1 and Year 2 will be parading their colourful trays in Carlton Public School’s Annual Pedlars Parade. The parade will begin at 11.45am and all family and friends are invited to watch the festivities. Children in Years 3 – 6 will have an opportunity to purchase items after k-2 children have paraded and purchased their items.

Items which are suitable to sell are pencils and erasers, clean old toys such as McDonalds toys, stickers or stamps, small books and cooked items. Cooked items should be nut free and have a label on the box/bag stating ingredients. If you are unsure how to make your tray, please see your class teacher or look at the sample tray at the office. Trays can be placed in your child’s classroom before school on Thursday.

We need parent support to assist with selling on the day. If you can spare a few hours to help with selling, please see your class teacher. Remember to send your child with a few dollars to buy goodies from other trays. If your child has a food allergy, please try to assist them by being at school to help with their purchases.

If you have any queries, please speak to Mr Granger or Mrs Milner. We look forward to seeing you there.

National Young Leaders’ Day

On this inspirational day, captains, prefects and some other students who could benefit from the day went to the Qantas Credit Arena to listen to inspirational speakers from all walks of life.

First there was a message from Tony Abbott, our Prime Minister. After the introduction from the host there were five speakers that followed. They included Mike Martin, director of the Halogen Foundation who put the whole event together. He talked about how important influence and empathy are for successful leadership. The next speaker was Bob Carr. He is a former New South Wales Premier and former Foreign Minister. He also was responsible for starting the Premier’s Reading Challenge. He explained that it is natural to have self-doubt and that nothing is too hard. Then we had a break for recess.

After recess, we had a beach ball challenge where we had to get a big beach ball from the top of the arena to the bottom then back up again. The hard bit was that we weren’t allowed to jump or move our feet. This exercise was all about cooperation and team work.

The next speaker, Coen Ashton, a sixteen year-old boy who was born with Cystic Fibrosis and is a double lung transplant recipient. He said that it is important to never to give up. His main thought was ‘live life to the max’. You should hear him speak, despite his illness he has done more in his life than anyone we know. Next was the
best-selling children’s author, Andy Griffiths. He was by far the funniest speaker there. He said that practice is the key to success. He also said always think about the consequences and always ask questions. Then we had a break for lunch. He also shared some of his crazy ideas for his books.

After lunch we heard the very last speaker. She was 2013 Australian of the Year and editor of Cleo magazine. She was of course Ita Buttrose. This inspiring woman said you should take as many opportunities as you can and it doesn’t matter what you dream but none can dream the same dream as you. She also said don’t let your fears let you down.

This very inspirational day had a quote that all speakers had to incorporate into their speech. This quote was ‘I always wondered why somebody couldn’t do something about a problem. Then I realised… I am somebody. We are all somebody and we can all make a difference.

This was an amazing day that everyone benefited from. We were reminded that everyone can be a leader if they try. Remember don’t ever give up.

By Clare J & Maya T
Welcome to another exciting year of *Bahasa Indonesia*!

During the Summer holidays, Bu Carnell visited Harapan Bunda, our sister school in Bali. She was very warmly welcomed and left with many gifts, including a beautiful hand-made display featuring maps of Australia and Bali to symbolise the partnership between the two schools.

The year is off to a great start and we welcome our new Indonesian teacher, Bu Peace (replacing Pak Wrathall). Kindergarten students have settled well into language learning and love to sing and count in Indonesian. Stage 1 students are enjoying learning about body parts and the five senses, while students in Years 3-6 have marvelled at the biodiversity of Indonesia’s magnificent national parks and rainforests.

- 12% of all mammal species, 16% of all reptile and amphibian species, 17% of all bird species, are found on the 17,000+ islands that make up Indonesia.
- The Komodo Dragon, the largest living species of lizard, which can grow up to 3 metres and has a venomous bite, is only found in the wild in 5 islands of Indonesia.
- The Rafflesia, the largest flower on earth, which grows to 1 metre and smells like rotting meat, was first discovered in the Indonesian rainforest in the 1790s.
- The name ‘orangutan’ comes from the Indonesian words *orang* and *hutan* (meaning ‘person’ and ‘forest’).
CROSS COUNTRY CARNIVAL YEARS 3-6

Just a reminder on Monday 5 May 2013, the school will be holding the Cross Country Carnival at Scarborough Park, Ramsgate. Permission notes and money are DUE to the office collection money box by **Friday 11 April 2014**. Please note some students require payment (those that attended the swimming carnival) and the remaining students just require permission slips.

Students will need to be at school by 9am as buses will leave straight away. Children will be expected to wear school sports uniform and running shoes, a school hat and sunscreen. All children should bring their recess, lunch and a bottle of water. The canteen will be available to provide snack food and drinks only for a limited time. Students who suffer asthma are reminded to bring any puffer with them on the day.

All parents are invited to attend but must make their own way to the park. If you wish to take your child home early, please ensure you inform the student’s roll teacher prior to leaving.

Please note:

**AGE RACES** are raced in the age your child is turning in 2014. At the zone carnival, the 8 and 9 year age groups are run as one event. Therefore at our school carnival we time these runners to select the fastest to compete at zone.

**HOUSE COLOURS FOR 2014** -

BLUE: A, B, C, D, E


RED: L, M, N, O, P, Q


Please see below for an approximate time schedule for the day:

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>9.00</td>
<td><strong>Leave school by bus</strong></td>
</tr>
<tr>
<td>9:30 to 10:00</td>
<td>Students arrive in buses from School. Move straight to designated Age Areas.</td>
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<tr>
<td>10:00 to 10:30</td>
<td>Students walk the course with Mrs Hanley.</td>
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<tr>
<td>10:30 to 11:00</td>
<td>8 years Cross Country</td>
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<tr>
<td></td>
<td>9 years Oztag Activities</td>
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<td></td>
<td>10 years Tug-o-war</td>
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<tr>
<td></td>
<td>11 years Novelty Relays</td>
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<tr>
<td></td>
<td>12 years Earth Ball</td>
</tr>
<tr>
<td>11:00 to 11:30</td>
<td><strong>Recess</strong></td>
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<tr>
<td>11:30 to 12:00</td>
<td>9 years Cross Country</td>
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<td>10 years Oztag Activities</td>
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<td></td>
<td>11 years Tug-o-war</td>
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<td>8 years Novelty Relays</td>
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<td></td>
<td>9 years Earth Ball</td>
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<tr>
<td>12:30 to 1:00</td>
<td><strong>Lunch</strong></td>
</tr>
<tr>
<td>1:00 to 1:30</td>
<td>11 years Cross Country</td>
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<td></td>
<td>12 years Oztag Activities</td>
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<td></td>
<td>11 years Earth Ball</td>
</tr>
<tr>
<td>2:00 to 2:15</td>
<td><strong>Clean Up. Return to School</strong></td>
</tr>
</tbody>
</table>

If there are any questions please see Mrs Hanley.
Term 1 Calendar 2014

Week 10 - 31 March - 4 April

Mon 31
Y5 Excursion to Minnamurra
St 3 Young Leaders Excursion
Uniform Shop open 8:25am-8:55am

Tue 1
Stages 2 & 3 Workshop
School Banking 9:00am

Wed 2

Thur 3
Uniform Shop open 8:25am-8:55am

Fri 4
Last day for raffle tickets and money
Hot cross Bun orders arrive

Week 11 - 7 April - 11 April

Mon 7
Y6 Excursion to Minnamurra
Uniform Shop open 8:25am-8:55am

Tue 8
Debating workshop at school
School banking 9:00am

Wed 9
Peer Mediation Training - Stage 3
Brad MacKay/Lance Thompson Cup

Thur 10
Pedlars Parade 11.45am (Kindergarten/Stage1)
Drawing of Easter Raffle
Uniform Shop open 8:25am-8:55am

Fri 11
Whole School Assembly - Anzac Day service at 11.30am
Last Day of Term 1

Term 2 commences for all students on
Tuesday 29 April 2014

Term 2 commences for staff only on
Monday 28 April 2014

DENTAL CARE FOR CHILDREN

All children under 18 years of age are eligible for
FREE DENTAL CARE
at NSW Public Oral Health Clinics

NSW Health recommends that all children have
a dental check-up

Toothache can cause children to miss school. Pain can
stop children playing, eating and sleeping.

To make an appointment, contact:

- Your family dentist, or
- The Public Dental Service

PUBLIC DENTAL ACCESS CENTRE TELEPHONE

(02) 9293 3333

IT’S FREE

2014 Ron Rathbone
Junior Local History Prize

$500 prize each for the primary school student
and the high school student who writes the best essay
on any topic related to the City of Rockdale

Students can write an essay on any topic they choose as long as it relates to the City of Rockdale. Some suggested topics are:

- A history of any local school, church, building, or business.
- A biography of a current or former resident.
- The story of how the student’s own family came to live in the Rockdale area.

Entry forms and guidelines are available from all Rockdale libraries or from Rockdale City Council’s website www.rockdale.nsw.gov.au

All entries must be received by Friday 25 July 2014

For more information contact Council’s Local History Services Specialist, Kirsten Broderick, on 9662 1821 or kbroderick@rockdale.nsw.gov.au
THE NEW RULE EVERY PARENT NEEDS TO KNOW

BY CATHERINE GERHARDT

Have you ever heard yourself say to your children, "Don’t talk to strangers?"

An honest person will likely admit that at some time in their childhood, they were given this rule. In fact, many parents will admit they continue to pass this rule onto their own children. Yet, in the same breath, we might encourage our children to talk to the supermarket cashier, the sales person or the long lost relative. All of these people fit the definition of a stranger, but for some unknown reason it is okay for the child to talk to them. At best, this rule sends mixed messages to our kids.

There is a strong shift away from the old rule of "never talk to strangers" to "never go anywhere with anyone without asking permission first". A child who has been taught to never talk to strangers may feel they have nowhere to go if they find themselves lost in a shopping centre or other public place.

As parents we need to emphasise who is a "stranger". Your definition and your child’s may be quite different. Engage with your children to help them understand that a stranger is simply someone whom they do not know. We do not know if someone is good or bad just by looking at them. Rather, we need to teach our children about "strangeness".

Five ways to enforce the new rule:

1. Never go anywhere with anyone without asking permission first
   This is the new fundamental rule to keeping kids safe. This rule must NEVER be broken. Regardless of if it is a school, public or family function, work with your children to ensure they always ask an adult for permission before going off with ANYONE.

   Classic "what if" scenarios are worth their weight in gold.
   "You are at school and walking back to class after snack when a man comes up to you and says he is looking for his son’s class. He asks you to go with him to show him where it is. Do you go?"

   Use tempting scenarios that are relevant to your child, such as puppies or toys, and discuss safe options and strategies in each case.

CLASSIC "WHAT IF" SCENARIOS ARE WORTH THEIR WEIGHT IN GOLD.
2. Your personal alarm
Children have an innate sensitive personal alarm, which we can teach them to use. This is their natural defence system. Work with them to identify and recognise the physical and environmental signals that cause their alarm to sound. Knowing that a rush of adrenaline will cause physiological changes in our bodies and activate our personal alarm is a good start. A child’s personal alarm will present the same physical and emotional cues that an adult’s will.

3. Trust your instincts
Have you ever gotten “the creeps”? Maybe it’s the idea of snakes, mice or heights that does it for your child. Encourage them to draw on how it feels when they get the creeps. Instincts are those feelings you get when something or someone makes you feel uncomfortable. Instincts are the physiological changes that happen to our body when our personal alarm goes off. Physiological changes include noticing that you feel scared or nervous, your tummy feels upset and your heart is racing. And you know what? Our personal alarm is right 100% of the time.

4. Personal space vs. safety zone
Most kids understand the concept of personal space. How many times have we heard, “Stop invading my personal space!” Most people feel comfortable within an arm’s length of others. However, do your kids recognise their safety zone? Teach your child to be aware of their surroundings. If a “strange” person is too close, suggest they back away and maintain their safety zone. A safety zone is much bigger than your personal space – at least three giant steps bigger.

5. Safe places, safe people
There are times when a child must ask for help quickly and instinctively. We already know that not all strangers are bad, that most strangers will help a child who is lost or upset. It is situations that are safe, not places. Talk with your child and reinforce that he or she must ALWAYS use his or her skills with ALL people, including those presumed safe. Encourage your child to tell an adult they trust when someone or something has frightened them.

As parents we need to empower our children with self-confidence and trust in their ability to sense when something is just not right. It doesn’t matter if they can articulate it; they just have to feel it.
Happy Mother’s Day

Being A Mum

In conjunction with Mother’s Day Interrelate is offering a 3 Free Session program to help mother’s to become more mindful parents and gain skills to build closer relationships with their Children.

Dates: Tuesday 13\textsuperscript{th}, 20\textsuperscript{th} and 27\textsuperscript{th} of May

Time: 6:30pm to 9:00pm

Cost: Free

Location: Interrelate Family Centre
383 – 385 Port Hacking Rd South, Caringbah

This 3 session program hopes to assist mothers to:

- Understand themselves as a mum
- Really connect with their children
- Understand Children at different ages
- Learn Positive ways to discipline children and communicate more effectively